

Becky Kowall

SPEAKER | EXECUTIVE ADVISOR

HELPING HR LEADERS MOVE FROM OPERATOR TO INFLUENCER



Becky Kowall speaks to HR leaders and executive teams about one of the most overlooked dynamics in leadership: how influence, trust, and executive presence shape the decisions that determine an organization's direction.

With more than 20 years leading HR in high-growth and private equity-backed companies, Becky understands the pressure HR leaders carry. They are often expected to guide culture, navigate difficult conversations, and support executive decision-making while operating without clear authority at the leadership table.

Through her work at 22 North HR, Becky equips HR leaders to move from operator to strategic partner. Her talks help leaders strengthen executive presence, influence high-stakes decisions, and confidently contribute in the rooms where the most important conversations happen.

Drawing from real executive experience and practical frameworks, Becky delivers insights leaders can apply immediately to show up with confidence, credibility, and calm when pressure is high.

Speaking Topics Include:

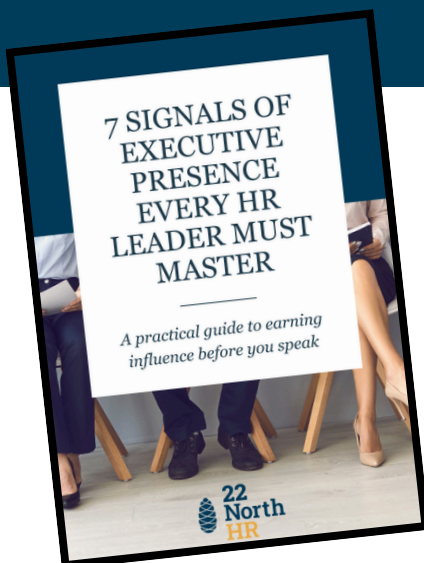
- Executive Presence for HR Leaders
- From HR Operator to Strategic Influencer
- Navigating CEO and Executive Leadership Dynamics
- Leading Through Organizational Change



BECKY KOWALL
22 NORTH HR

Available for:

- Conferences
- Leadership Events
- Executive Retreats
- HR Leadership Forums
- Podcasts and Interviews



Free Resource for HR Leaders

7 Signals of Executive Presence Every HR Leader Must Master

A practical guide designed for HR leaders who want to strengthen their influence, earn trust in senior-level conversations, and show up with confidence in the rooms that matter most.

[DOWNLOAD THE GUIDE](#)

Book Becky to Speak:

<https://www.22northhr.com/>

becky@22northhr.com

[LinkedIn](#)